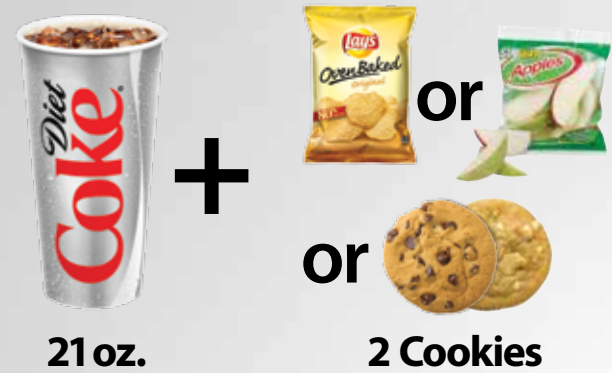


Meal Deal +



Swap Any Drink Or Size - Pay Price Difference

Kids' Meal



SUBWAY FRESH FIT® should not be considered a diet program. Fit Mini Subs on 9-grain wheat or Italian bread without cheese or condiments that contain fat.

Breakfast 6-inch Footlong

egg or egg white



LEAVE THE CATERING TO US!

FAMILY GATHERINGS • OFFICE MEETINGS PARTIES • ANY OTHER OCCASION

SUBWAY® restaurants have many catering options available to you. Make it easy for yourself and order a Subway to Go!™ Meal or a Giant Sub or choose one of our Sandwich Platter Options: Subway Fresh Fit®, Classic Combo, Flavor Craver™ or create your own platter with any combination of our cold sandwich selections. Napkins and an assortment of SUBWAY® sauces, mayonnaise and mustard are supplied with each Giant Sub and Platter.



Sandwich Platters		Cookie Platters	
ITEM	SERVES	ITEM	
Sandwich Platter	5-9	36 Cookies	
Giant Subs		Subway to Go!™ Meal	
LENGTH	SERVES		
3 Feet	10-12		
6 Feet	20-25		

24 hours notice required for giant sub orders or a large catering order.
Recommended portions may vary based on type and size of group. Please consult the SANDWICH ARTIST™ for additional information.

Subway to Go!™ Meal consists of a 6" or Footlong cold sub, 1 cookie, 1 side and a napkin. Your choice of side includes chips or apples. Packed in a stackable box.
Convenient for outings and company meetings.

At SUBWAY® Restaurants, We Have Your Fresh Interests At Heart

Welcome to SUBWAY® Restaurants, where great taste and variety come together for your convenience. This menu represents our commitment to helping you discover and enjoy all the delicious choices SUBWAY® Restaurants have to offer.

We offer a variety of sandwiches and salads and encourage you to customize your order to satisfy your taste. Our menu includes a complete listing of ingredients to help you make informed choices – so you can either eat sensibly or splurge.

It's all here for you. So enjoy! We're glad you came.

Menu and prices are subject to change without notice.
www.subway.com

SUBWAY Take-Out Menu

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Step 1

Your Menu Choices

Footlong Sub • 6-inch Sub • Salad • Flatbread

Step 2

Choose Your Bread

9-Grain Wheat • 9-Grain Honey Oat
Italian • Italian Herbs & Cheese • Flatbread

Step 3

Choose Your Cheese

American • Shredded Monterey Cheddar
Shredded Mozzarella

Step 4

Choose Your Veggies

Lettuce • Tomatoes • Cucumbers • Peppers
Red Onions • Spinach

More Variety?

Pickles • Olives • Banana Peppers • Jalapeños

Step 5

Choose Your Sauce

Fat Free per 0.75 oz (6") serving
Mustard • Sweet Onion • Red Wine Vinegar

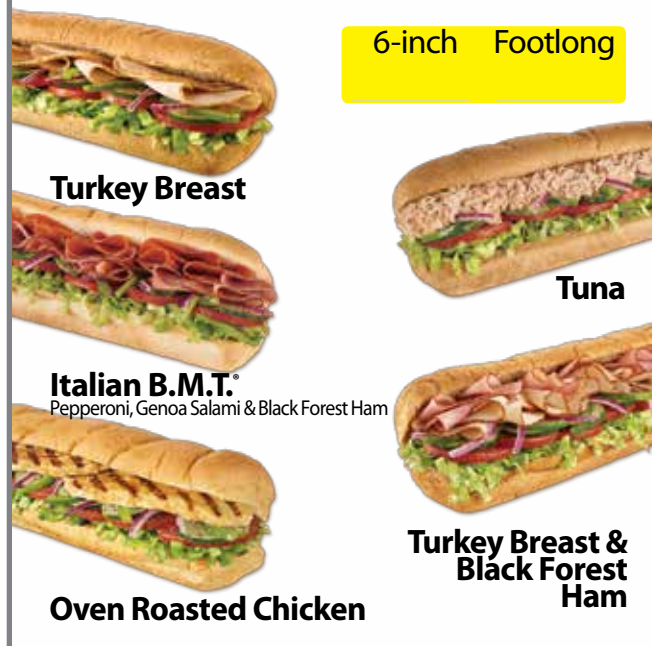
Full Flavor

Light Mayo • Chipotle Southwest • Ranch
Mayo • Oil

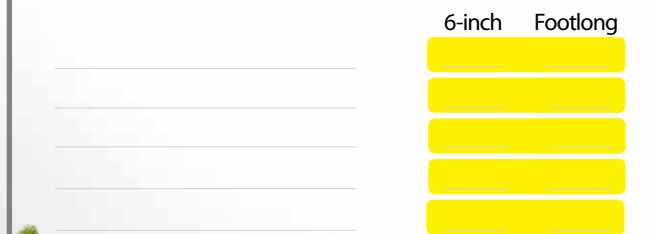
Step 6

Make it a Meal

Choose Your Drink • Choose One Side



Local Favorites



Chopped Salads

- Double Chicken
- Turkey Breast
- Spicy Italian
- Tuna
- Veggie Delite®



**8 SUBS UNDER 350 CALORIES
AND 6 GRAMS OF FAT**

**SWEET ONION
CHICKEN TERIYAKI**
TURKEY BREAST
BLACK FOREST HAM

**TURKEY BREAST &
BLACK FOREST HAM**
SUBWAY CLUB®
ROAST BEEF

**OVEN ROASTED
CHICKEN**
VEGGIE DELITE®



To meet the American Heart Association nutritional criteria, certified meals include designated salads, 6" subs or 4" subs, built to standard formula, include apple slices and water. Visit Subway.com/heartcheck for details. *While many factors affect heart disease, diets low in saturated fat and cholesterol may reduce the risk of this disease.*

SUBWAY FRESH FIT FOR KIDS™ Meals include designated 4-inch sub, apple slices and 8 oz. low-fat milk. Fat content refers to 6 inch subs on 9 grain wheat or white bread prepared to standard formula.

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Extras per 6-inch portion

Bacon
Pepperoni

Double Meat
Extra Cheese

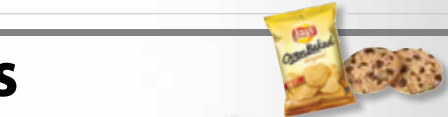
Double Meat refers to meat content only.

Drinks

Fountain
Bottled Beverage
Milk

Sides

Chips
Cookies



1 for _____ 3 for _____

Apples



**6" Meals Certified
by the American
Heart Association**
Includes apples and water



Phone Order Form

Name: _____ Phone # _____ Pick Up Time: _____

- ☐ 6" ☐ 12" ☐ Salad ☐ Kid's Meal ☐ Toasted
☐ Flatbread ☐ Flatizza ☐ Meal
Check size 1 Side & 1 Drink

☐ Italian ☐ 9 Grain Wheat ☐ 9 Grain Honey Oat ☐ Italian Herbs & Cheese ☐ Other: _____

All Day Sandwiches

- | | |
|--|--|
| <input type="checkbox"/> B.L.T. | <input type="checkbox"/> Roast Beef |
| <input type="checkbox"/> Big Philly Cheesesteak* | <input type="checkbox"/> SO Chicken Teriyaki |
| <input type="checkbox"/> Buffalo Chicken* | <input type="checkbox"/> Spicy Italian |
| <input type="checkbox"/> Chicken & Bacon | <input type="checkbox"/> Steak & Cheese |
| Ranch Melt | <input type="checkbox"/> Subway Club® |
| <input type="checkbox"/> Cold Cut Combo | <input type="checkbox"/> Subway Melt® |
| <input type="checkbox"/> Egg & Cheese* | <input type="checkbox"/> Tuna |
| <input type="checkbox"/> Egg Salad** | <input type="checkbox"/> Turkey Breast |
| <input type="checkbox"/> Ham | <input type="checkbox"/> Turkey Breast & |
| <input type="checkbox"/> Italian B.M.T.® | Ham |
| <input type="checkbox"/> Meatball Marinara | <input type="checkbox"/> Veggie Delite® |
| <input type="checkbox"/> Oven Roasted Chicken | |

Breakfast Sandwiches

- ☐ Bacon, Egg & Cheese
White or Yellow
☐ Breakfast B.M.T.® Melt
White or Yellow
☐ Egg & Cheese
White or Yellow
☐ Ham, Egg & Cheese
White or Yellow
☐ Steak, Egg & Cheese
White or Yellow
☐ Sunrise Subway Melt®
White or Yellow

☐ Cheese Flatizza™*

☐ Pepperoni Flatizza™*

☐ Spicy Italian Flatizza™*

☐ Veggie Flatizza™*

Flatizza™ Add-Ons*

☐ Extra Cheese

☐ Bacon

☐ Extra Pepperoni

☐ Other: _____

☐ American*/Processed Cheddar** ☐ Monterey Cheddar ☐ Mozzarella*

☐ Bacon ☐ Double Meat ☐ Pepperoni ☐ Extra Cheese

☐ Lettuce ☐ Spinach* ☐ Tomatoes ☐ Cucumbers ☐ Gr. Peppers
☐ Onions **Upon Request:** ☐ Pickles ☐ Olives ☐ Jalapeños* ☐ B. Peppers

SAUCE: ☐ Honey Mustard ☐ Chipotle Southwest ☐ Sweet Onion ☐ Ranch
☐ Mayonnaise ☐ Light Mayonnaise ☐ Mustard ☐ Y or ☐ B ☐ Oil* ☐ Red Wine Vinegar*
☐ Salt / Pepper / Oregano / Parmesan ☐ House Sandwich Sauce** ☐ Other: _____

DRINK:

☐ 16oz.** ☐ 21oz. ☐ 32 oz.** ☐ 40 oz.* ☐ Bottled ☐ Coffee
☐ Other: _____
Flavor: _____ Quantity _____ Size _____

SIDES:

☐ Chips ☐ Cookies ☐ Apples ☐ Yogurt** ☐ Soup ☐ Other: _____
Flavor: _____ Quantity _____

COMMENTS: _____