

BREAKFAST *is* SERVED DAILY
from
6 AM *to* 11 AM



BREAKFAST BUFFET
is available in the
MAIN DINING ROOM

For guests with food allergies or specific dietary requirements, please ask to speak to a manager.

AMERICAN
BREAKFAST 12

TWO EGGS ANY STYLE

with:

COUNTRY *or* HASH BROWN
POTATOES

BACON *or* SAUSAGE *and* TOAST

fresh ORANGE *or*
GRAPEFRUIT JUICE

freshly brewed COFFEE *or* TEA

CONTINENTAL
BREAKFAST 10.95

choice of:

- PASTRIES
- WHEAT *or* WHITE TOAST
with PRESERVES
- CEREALS

fresh ORANGE *or*
GRAPEFRUIT JUICE

freshly brewed COFFEE *or* TEA

PROTEIN START 12

EGG WHITE FRITTATA *with*
SPINACH *and* TOMATO

choice of

- FRUIT SALAD
- GLUTEN FREE MUESLI
- NATURAL YOGURT
- COTTAGE CHEESE

freshly brewed COFFEE *or* TEA

GRIDDLE SPECIALTIES

BRIOCHE FRENCH TOAST 11
bacon or sausage
butter and maple syrup

PECAN WAFFLE 12
bacon or sausage
butter and maple syrup

BUTTERMILK PANCAKES 11
butter and maple syrup
choice of:

- plain
- blueberry (1.5 addl)
- chocolate chip (1.5 addl)

FARM FRESH EGGS

HUEVOS RANCHEROS 13
salsa, chili peppers, corn tortillas

EGGS BENEDICT 13
atop english muffin, hollandaise
choose:

- Canadian bacon
- or smoked salmon (2 addl)
- country potatoes or hash browns

TWO EGGS *any style* 10
country potatoes or hash browns

THREE EGG OMELET 13
choice up to 3 of the following:

- ham
- smoked salmon (2 addl)
- tomatoes
- onions
- bacon
- cheese
- mushrooms
- spinach

FROM THE BAKERY

served with butter or cream cheese
and preserves

TRADITIONAL CROISSANT 8

NEW YORK STYLE BAGEL 6

assorted
DANISH PASTRIES *or* MUFFINS 8

CINNAMON ROLL 6

ENGLISH MUFFIN 4

TOAST 3
white, wheat, whole grain, or gluten free

NATURAL SMOOTHIES

strawberry-banana 6
seasonal mixed berry 6
pomegranate energy balance 8

BEVERAGES

freshly brewed
REGULAR *or*
DECAFFEINATED
COFFEE 3.95



FRAPPUCCINO 5

HOT CHOCOLATE 2.75

TEA SELECTION 4.5
english breakfast, earl grey, green,
decaffeinated chamomile

MILK 2.75
whole, skim, soy, almond

NAKED JUICES 6

VITAMIN WATER 4

POWERADE 4

MORNING COCKTAILS 12
spicy bloody mary
morning mimosa
peach bellini

JUICE SELECTION

fresh ORANGE JUICE 3

fresh GRAPEFRUIT JUICE 3

CARROT JUICE 3

chilled APPLE, CRANBERRY,
PRUNE, PINEAPPLE,
TOMATO, V-8® JUICE 3

FRUITS

chilled
FRESH FRUIT SALAD
served with GREEK YOGURT 10

seasonal
MELON, PAPAYA,
PINEAPPLE, GRAPEFRUIT 13

bowl of SEASONAL BERRIES 8
BERRY YOGURT PARFAIT 7
choice of lowfat or natural yogurt

CEREALS

ASSORTED COLD CEREALS 5

BIRCHER MUESLI 6

GRANOLA CRUNCH 6

OLD FASHIONED OATMEAL 6
fresh cream, maple syrup, raisins

SIDES

applewood smoked BACON 3.5
TURKEY *or* PORK SAUSAGE 3.5
VIRGINIA HAM 6
SMOKED SALMON 4.95
YOGURT 4
natural, reduced fat, Greek

COTTAGE CHEESE 4
natural, reduced fat
COUNTRY POTATOES 3
HASH BROWNS 3
SLICED AVOCADO 2.25

SAUTÉED SPINACH 3