

## NAMASTE - Welcome

"Eating together with those we love, eating nutritious food that has been prepared with love – this *can* nourish our inner needs, as well as our bodies. Taking time at meals to talk to each other and enjoy the meal as a shared sacrament is rare today. We need to slow down, take time to prepare nutritious meals and rearrange our schedules so that we can be together."

Eknath Easwaran

1511 Sycamore Avenue, Suite K Hercules, CA 94547-1770 (510) 799-2879 www.currymeuprestaurant.com

Buffet Lunch • Monday to Saturday • 11:30 a.m. to 2:30 p.m. Dinner • Monday to Saturday • 5:00 p.m. to 9:30 p.m. Sunday • Closed

To allow diners to enjoy their meal <u>please</u> turn off your cell phone

We reserve the right to refuse service to anyone.

## All dishes are available Vegan and Gluten-Free at your request.

We are concerned about your health. Please advise us of any allergies.

## **APPETIZERS**

All of our appetizers are made with organic flour and served with a mint-cilantro sauce and a sweet tamarind sauce
MIXED VEGGIE PAKORAS (vegan)
CHICKEN PAKORAS Boneless white chicken dipped in chick pea flour and fried
VEGETABLE SAMOSAS Pastry stuffed with seasoned potatoes and peas (2 pieces)
LAMB SAMOSAS Pastry stuffed with minced lamb and green peas (2 pieces)
PANEER PAKORA Homemade cheese stuffed with tangy mint and cilantro sauce
ONION PAKORAS Thinly sliced onion dipped in mildly spiced garbanzo bean (chick pea flour) batter and fried 5.95
INDIAN BREADS  All of our Indian Breads are made with organic flour
NAAN Leavened bread baked in a clay pit over charcoal.
PANEER NAAN Naan stuffed with homemade organic cheese.
KEEMA NAAN Naan stuffed with spiced ground lamb
GARLIC NAAN Naan topped with garlic
PESTO NAAN Naan topped with basil (pesto)
ONION NAAN Naan stuffed with diced red onions
ALOO PARATHA Whole wheat bread stuffed with seasoned potatoes and peas (vegan)
CHAPATI Oven-baked bread (wheat flour) (vegan)
PARATHA Flakey layered oven-baked Indian bread (wheat flour) (vegan)
ASSORTED BREAD Choose (3) from above breads
GLUTEN FREE NAAN / GLUTEN FREE GARLIC NAAN / GLUTEN FREE PESTO GARLIC NAAN
SIDE DISHES
PAPPADUM Two thin baked lentil wafers. 1.95
KASHIMIRI RICE / ECO FRIENDLY BROWN RICE Non-GMO Indian basmati rice
RAITA / PICKLE (ACHAR) / CHUTNEYS (Choice of One: Mango, Ginger Peach, Plum, or Apple Nut)

## BIRIYANI ENTREES

All Biriyani served with Raita - Gluten Free

VEGAN-VEGETARIAN / 11.95 CHICKEN / 12.95\* LAMB / 13.95 PRAWN / 14.95

VEGETARIAN CURRIES	A LA CARTE
PANEER TIKKA MASALA Homemade organic cheese cubes cooked with organic spices with a touch of ground c	ashew 12.95
MALAI KOFTA Combination of organic cheese, potatoes, nuts & raisins blended with organic spices, with a touch of gr	ound cashew .12.95
NAVRATTAN KORMA Mixed vegetables with organic paneer and nuts.	12.95
ALOO GOBI Fresh organic cauliflower cooked with potatoes and organic spices	11.95
SAAG PANEER Fresh pesticide-free spinach and organic paneer	11.95
MATTER PANEER Organic green peas with organic paneer.	11.95
BENGAN BARTHA Eggplant delicacy with blend of organic spices	11.95
DAL MAKHNI Organic whole lentils cooked in organic spices	11.95
CHANNA MASALA Organic chick-peas with fresh tomatoes, herbs and organic spices	11.95
DAL TARKA Organic chana dal cooked with tomatoes, onion, ginger, and spices	12.95
CHICKEN CURRIES	A LA CARTE
CHICKEN SAAG Chicken cooked with mildly spiced pesticide-free spinach. Organic Chicken add \$2	<b>1.50</b> 11.95
CHICKEN VINDALU - SPICY HOT	
BUTTER CHICKEN *Tandoori boneless chicken in a thick buttery gravy with a touch of ground cashew (dark me Organic Chicken add \$1.50	
CHICKEN TIKKA MASALA Chicken cooked in mild creamy curry sauce with a touch of ground cashew.  Organic Chicken add \$1.50	12.95
LAMB CURRIES	
All natural, no added hormones, no antibiotics.	A LA CARTE
ROGAN JOSH (TRADITIONAL LAMB CURRY) Lamb cooked in mildly spicy curry sauce	13.95
LAMB SAAG Lamb cooked with mildly spiced pesticide-free spinach.	13.95
LAMB VINDALU - SPICY HOT Lamb cooked with potatoes and chili and verjus (non-fermented grape	juice)13.95
SEAFOOD CURRIES	A LA CARTE
PRAWN SAAGWALA Prawns cooked in a creamy pesticide-free spinach	
PRAWN CURRY Prawns cooked in a tomato-onion gravy	13.95
PRAWN VINDALU (HOT) Prawns cooked with spiced potatoes and verjus (non-fermented grape juice).	13.95
TANDOORI PRAWN MASALA Prawns cooked and served with mild creamy curry sauce with a touch of grou	ınd cashew13.95

TANDOORI (CLAY PH OVEN) SPECIALITES A LA CART
TANDOORI CHICKEN
Two whole chicken legs marinated in yogurt and Indian organic spices. Organic Chicken add \$1.50
CHICKEN TIKKA KABAB  Boneless breast pieces marinated and roasted, mildly spiced. Organic Chicken add \$1.50
SEEKH KABAB
TANDOORI PRAWNS / TANDOORI FISH
TANDOORI MIXED GRILLED Assorted tandoori specialties. <b>Organic Chicken add \$1.50</b>
LAMB CHOPS (PLEASE ASK WAITER FOR AVAILABILITY)
CURRY ME UP SPECIALS
CHICKEN CURRY (SURENDER) House special traditional punjabi curry. Organic Chicken add \$1.5013.95
LAMB TIKKA MASALA Lamb cooked in mild creamy sauce with a touch of ground cashew
VEGETARIAN JALFREZI Fresh vegetables with tomatoes and organic spices
GOA FISH CURRY Fresh salmon cooked with creamy based coconut milk
KADAHI LAMB Lamb cooked with tomato, onion, bell pepper, ginger, and garlic
KADAHI FISH Salmon cooked with tomato, onion, bell pepper, ginger, and garlic
INDIAN DESSERTS
KHEER Traditional chilled rice pudding flavored with cardamon, saffron, and rosewater
GULAB JAMUN Juicy light pastry made from milk, served with hot honey syrup
INDIAN ICE CREAM Ask for flavors
KULFI Traditional saffron flavored Indian ice-cream enriched with pistachio, almonds, and green cardamon3.95
BEVERAGES (One Refill on Chai, Coffee and Soda)
LEMONDADE
MANGO LASSI Homemade yogurt drink with mango
LASSI Homemade yogurt drink with rose water
MANGO OR APPLE JUICE
MINERAL WATER, GINGER ALE, OR ROOT BEER
HERBAL TEA, BLACK TEA, OR GREEN TEA Indian tea with organic spices
MASALA CHAI Traditional Indian Drink
SODA Coke, Diet Coke, Sprite, Fanta Orange, and Iced Tea