

Wraps & Salads

FRESH, DELICIOUS AND NUTRITIOUS! CHOOSE BETWEEN TOMATO BASIL, SPINACH HERB, OR WHOLE WHEAT WRAPS

Chicken Caesar Wrap

Tender chicken breast, shredded provolone and mozzarella cheese, low-fat caesar dressing and romaine lettuce

Spicy Turkey Wrap

Thin sliced smoked turkey breast with shredded cheddar cheese, tomato slice, romaine lettuce and a spicy sauce

White Albacore Tuna Wrap

White albacore tuna, fat free mayonnaise, shredded carrots, sliced celery, chopped romaine and cucumber

PB & G

Peanut butter, sliced bananas, honey, crunchy granola and low-fat vanilla yogurt rolled into a whole wheat flour tortilla wrap. Great for breakfast or anytime.

Veggie Wrap

Romaine lettuce, carrots, cucumbers, tomatoes, choice of cheese and dressing

Roast Beef with Horseradish

Lean roast beef, sliced provolone cheese, fat free mayonnaise and horseradish sauce, tomato slice and romaine lettuce

Asian Chicken Wrap

Tender chicken breast, cucumber, shredded carrots, romaine lettuce and non-fat sesame ginger dressing

Honey Mustard Chicken Wrap

Tender chicken breast, tomato, romaine lettuce, cheddar cheese and low-fat honey mustard dressing

Pulp Club

Turkey breast, roast beef, shredded provolone and mozzarella cheese, tomato, romaine lettuce and fat-free mayonnaise

Garden Salad

Romaine lettuce, choice of cheese and dressing, tomato slice, shredded carrots, and cucumber. ADD WHITE ALBACORE TUNA OR CHICKEN BREAST



7 Convenient Locations

Cuyahoga Falls

1210 Buchholzer Blvd.
Cuyahoga Falls, OH 44221
(330) 920-4220

Kent

1708 E. Main St.
Kent, OH 44240
(330) 677-0355

Macedonia

746 East Aurora Rd.
Macedonia, OH 44056
(330) 467-0022

Mayfield

5876 Mayfield Rd.
Mayfield Heights, OH 44124
(440) 646-1916

Mentor

9227 Mentor Ave.
Mentor, OH 44060
(440) 266-0900

North Canton

6702 Strip Ave.
North Canton OH 44720
(330) 244-9167

Streetsboro

9293 State Route 43
Streetsboro, OH 44241
(330) 626-5744

Fresh Juice & Wheatgrass



FRESH SQUEEZED JUICE

See individual store for selection of fruit and veggie juices available.

WHEATGRASS

Wheatgrass is mineral-rich - containing 92 minerals! Try our Wheatgrass in 1 oz. and 2 oz. shots.



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OPEN 7 DAYS

PULP

JUICE AND SMOOTHIE BAR



PulpJuiceandSmoothie.com

Classic Smoothies

Raspberry Harmony ... Apple juice, raspberries, bananas, raspberry sherbet

Peach Beach ... Apple juice, peaches, bananas, orange sherbet, yogurt

Blueberry Heaven ... Apple juice, strawberry juice, blueberries, bananas, orange sherbet

Cranberry Fix ... Cranberry juice, blueberries, strawberries, bananas, raspberry sherbet, yogurt

The Strawberry Banana ... Strawberry juice, pineapple juice, bananas, strawberries, yogurt

Anna Banana ... Guava juice, pineapple juice, bananas, honey, yogurt

Pulp Swirl ... Apple juice, blueberries, peaches, orange sherbet, raspberry sherbet

Three Berry ... Strawberry juice, blueberries, strawberries, raspberries, raspberry sherbet

Strawberry Extreme ... Strawberry juice, strawberries, pineapple sherbet, yogurt

Tropical Smoothies

Pulp Passion ... Passionfruit-mango juice, pineapple juice, strawberries, peaches, orange sherbet

Island Cruiser ... Passionfruit-mango juice, bananas, mangos, orange sherbet

Tropical Blast ... Papaya juice, pineapple juice, strawberries, bananas, orange sherbet, pineapple sherbet

Mango Tango ... Papaya juice, passionfruit-mango juice, mangos, orange sherbet

Elite Eight ... Strawberry juice, pineapple juice, strawberries, peaches, mangos, orange sherbet

Pulp-Coolada ... Pineapple juice, pineapples, bananas, coconut, pineapple sherbet

Citrus Smoothies

Orange Chill ... Fresh squeezed orange juice, bananas, mangos, peaches, orange sherbet, yogurt

Citrus Berry ... Fresh squeezed orange juice, cranberry juice, strawberries, blueberries, raspberries, raspberry sherbet, yogurt

Samma Jamma ... Fresh squeezed orange juice, strawberries, bananas, orange sherbet, yogurt



Energy Bowls

Acai Bowl ... Acai, fresh banana and granola (ADD PEANUT BUTTER OR BLUEBERRIES)

PB & G Bowl ... Our famous P B & G wrap served in a bowl, peanut butter, fresh banana, granola, honey and yogurt (ADD BLUEBERRIES)

Soy Smoothies

Soy Strawberry Banana ... Strawberry juice, strawberries, bananas, soy milk

Soy Blueberry ... Apple juice, blueberries, bananas, soy milk

Soy Peach ... Apple juice, peaches, bananas, soy milk

Pulp Enhancers*

One FREE Pulp Enhancer with any Smoothie

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|---------------|-------------------|
| Energy | Stress Eliminator |
| Immunity | Fiber Blend |
| Smart Blend | Hangover Relief |
| Vitamin Blend | Whey Protein |
| Fat Burner | Soy Protein |

*Pulp Enhancers are not for use by pregnant or lactating women. As with all supplements, those with medical conditions should consult a physician before using.

High-Energy Smoothies

Mango Bomb ... Choice of regular or sugar-free Red Bull, mangos, peaches, orange sherbet

Pulp Fusion ... Choice of regular or sugar-free Red Bull, strawberries, bananas, orange sherbet

Raging Berry ... Choice of regular or sugar-free Red Bull, strawberries, raspberries, blueberries, orange sherbet



Super Smoothies

Guava Burner ... Guava juice, mangos, strawberries, bananas, orange sherbet with fat burner and fiber blend enhancers

Protein Packer (40 grams of protein) ... Soy milk, peanut butter, chocolate, bananas, yogurt with whey and soy protein

Green Tea Smoothie ... Premium Matcha Green Tea, soy milk, and yogurt

Cram Session ... Fresh squeezed orange juice, bananas, strawberries, peaches, orange sherbet, yogurt with energy and smart blend enhancers

Anti-Oxiberry ... Acai, pomegranate, blueberry, yerba mate tea, yogurt

Hangover Relief ... Apple juice, peaches, bananas, orange sherbet with energy and hangover relief enhancers